

ಮಂಗಳೂರು
MANGALORE



ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
UNIVERSITY

(Accredited by NAAC with 'A' Grade)

ಕ್ರಮಾಂಕ/ No. : MU/ACC/CR 21/WSTC/2018-19/A2

ಕುಲಸಚಿವರ ಕಛೇರಿ

ಮಂಗಳಗಂಗೋತ್ರಿ - 574 199

Office of the Registrar

Mangalagangothri - 574 199

ದಿನಾಂಕ/Date: 25.02.2019

NOTIFICATION

Sub: Syllabus of short term training courses offered by the Centre for Women's Study Centre.

Ref: Approval of the Academic Council meeting held on 01.02.2019.

The Academic Council of Mangalore University at its meeting held on 01.02.2019 has approved the Syllabus of short term training courses offered by the Centre for Women's Study Centre, Mangalore University which is hereby notified for implementation with effect from the academic year 2019-20 onwards.


REGISTRAR

To:

1. The Director, Centre for Women's Studies, Mangalore University.
2. The Chairperson BOS (UG-PG), Centre for Women's Studies, Mangalore University
3. The Registrar (Evaluation), Mangalore University.
4. The Director, DUIMS, Mangalore University – with a request to publish in the website.
5. The Superintendent (ACC), O/o the Registrar, Mangalore University
6. Guard File.

MANGALORE UNIVERSITY
CENTRE FOR WOMEN'S STUDIES

Syllabus
Training Course in Para- Legal Practice

Context

The profession of a paralegal has seen an increase in recent times. Non-governmental organisations, law offices, and other governmental organisations authorised by administrative, statutory or court authorities are places where para-legals are employed. Such organisations give preference to persons with a degree/diploma in Para-Legal practice as this profession demands strong professional skills, a firm ethical foundation and a higher level of knowledge.

Methodology

The methodology of the training course would be Participatory. This would be augmented by visits to CWC, District Police Units, Santwana (women's helpline) and Children's Helpline, District Legal service Authority and Courts.

Unit -I

6 hours

Introduction to the Indian Legal System

- Judicial structures; Main Aspects of jurisprudence- structures of courts etc.
- Indian Penal Code (IPC); Criminal Procedure Code (CrPC);
- Evidence Act; Civil Procedure Code (CPC); Police Structures
- District Legal Service Authority.
- Duties of a trained Para legal
- Courts of women

Unit -II

9 hours

Law for Vulnerable Groups- Children.

- Status of the Child in India -Issues and Challenges
- Convention on Child Rights; Child Rights Policy. Methodology of conducting enquiry,
- Juvenile Justice (JJ) Act, POCSO, Prohibition of Child marriage Act 2006, Childtrafficking Prevention Act.

- Child Right commission (Central and State)
- Systems under the statute – JJB, CWC, DCPU, SJPU, Child line

12 hours

Unit-III

Law and Vulnerable groups - Women

Women's Situation in India; Gender; Patriarchy

- Women's rights – Constitutional and International (conventions like CEDAW)
- Personal Law.(Marriage, divorce, maintenance, custody, adoption and inheritance (Property right), Tripe Talak Bill , Methods of conducting enquiry.
- Compulsory Registration of marriages, Dowry law, Protection of Women from Domestic Violence Act 2005, Sexual Harassment at Work Place Act, Ant trafficking law.
- Rights of working women at Work Place 2013 ; Equal Remuneration 1976 Maternity Benefit of 1961
- Rape and criminal amendment act, Pre-Natal Sex Determination Technique 1994, Medical Termination of Pregnancy 1971, Indecent representation of women Act 1986
- Others: Atrocities on Dalit Women; SC, ST Act (Prevention of Arrocities Act) 1989
- Reservation .
- Media and Crime; Cyber Crime.

3 hours

Unit-IV - Visits

- Visits to District Police Units; Visits to CWC; DCPU, Santwana; District Legal service Authority, Child line ; Courts.

Reference Books

1. Everett Jana Matson - *Women and Social Change in India, Heritage:* New Delhi,1985.
2. Nimalabhai .P - *Harijan Women in Independent India* ,B.R Publication: New Delhi,1986.
3. Kamaladevi Chattopadhyay -*Indian Women's battle for freedom*, Abinav: New Delhi ,1985.
4. Neera Desai- *Women and Society in Indian* , Ajanta : New Delhi,1987.

5. Devaki Jain – *Indian Women*, Ministry of Information and Board casting: New Delhi, 1975.
6. Shams Shamsuddin – *Women Law and Social Change*, Ashish: New Delhi, 1991
7. Maithreyi Krishna Raj- *Women's Studies in India*, Popular Prakashan : Delhi, 1986.
8. Rathore L.S- *Political Theory and Organization :A Text book for students of Law and Government*, Eastern Books: Luck now , 2000.
9. Satish Chandra- *Law of the Sea: Text of U.N. Convention*, Mittal: Delhi, 1985.
10. Rehana Ghadially – *Women in Indian Society*, Concept, Delhi 1985
11. Patel, Tulasi-Sex- *Selective Abortion in India: Gender, Society And New Reproductive Technologie*. New Delhi: Sage, 2007.
12. Indira Jaisingh - *Women and Law*
13. Vasudev Sharma - *Child Rights*
14. *BARE Acts*
15. *Judgements*
16. *DEEDS - Para Legal Manual*

Tanujal
H. M.
Fusholi

Anita Ravishankar
Dr. Anita Ravishankar

Chairperson –BOS (UG-PG)

Director
Centre For Women's Studies
Mangalore University
Mangala Gangotri - 574 199

MANGALORE UNIVERSITY
CENTRE FOR WOMEN'S STUDIES

Syllabus

Training in Entrepreneurship Skill Development

Context

Entrepreneurship is normally associated with males. But if empowering women have to become a reality then women need to become gainfully employed. Women entrepreneurship is one such avenue where women could become self reliant. It is also a reality that many women lack the awareness as to how to go about becoming an entrepreneur. This training would introduce them to the various entrepreneurial skill training opportunities available .

Each unit will be for 6 hours. In units 2-5, any two areas would be taken for training depending on the need.

Unit -I

Basics of Entrepreneurship

Understanding Entrepreneurship, Entrepreneurial Characteristics, Qualities of an entrepreneur, Business plan for small enterprises, steps to start a small enterprise, Registration, Statutory Licence, Finance, Clearances.

Unit -II

Entrepreneurial training on home based activities and non-traditional areas.

Baby Products- Diaper and Maternal products, Sanitary Napkin, Healthy Foods, Organic Foods, purse and hand bag production, Mobile Phone service and repairs, Web designing, Digital Marketing.

Unit -III

Technical Women EDPs

CNC machine operator, Two wheeler/Four wheeler mechanism. Tube Light Assembling-Car Washing, Home Appliances and Repair Services, Wet Grinder Assembling.

Unit -IV

Self Employment through Outsourcing

Training on wholesale to Retail trade, online marketing, services through outsourcing, sub contracting and franchising.

Unit -V

Sales and Marketing Services

Retail Sector training-Digital Marketing , Export and Import Procedures, Taxation Risk Management and Insurance, 3D Printing, Accounting through Tally, Bank Fund Management etc.- Electrical, plumbing etc.

Handwritten signature: *Tanujal*
Handwritten signature: *Shobha*

Handwritten signature: *Anita Ravishankar*
Dr. Anita Ravishankar

Chairperson -BOS (UG-PG)
Director
Centre For Women's Studies
Mangalore University
Mangala Gangotri - 574 199

MANGALORE UNIVERSITY
CENTRE FOR WOMEN'S STUDIES

Syllabus

Training Course in Gender and Counselling

Context

We live in a patriarchal society where male related values, dominate the culture in both private and public spaces. Such power structures affect people particularly women psychologically, with the result that today more and more people take recourse to counselling with the hope of taking control of their lives. A counsellor needs to be aware of the issues of gender, gender roles, power relationships, gender- specific expectations and help the clients explore their issues, without being gender biased. At the same time, a counsellor needs to ruthlessly question their own assumptions on gender.

Unit-I

7 hours

Definition, Nature and Scope of Counselling

1. Understanding Guidance and Counselling.
2. Types of Counselling.
 - Individual counselling, Family counselling, Group counselling.
3. Challenge Areas in Counselling.
 - Emotional, adjustment interpersonal, Career, Educational and Social Skill Development.

4. Setting in which counsellors work - clinical, Educational Institution, Medical, Organisational, Correction, Family Courts, Community and rehabilitation.
5. Role of a counsellor and ethics in counselling
Rights of Clients, dimensions of confidentiality, the Counsellor's ethical and legal relationship with clients, characteristics of a good counsellor.

5 hours

Unit-II

Basic Skills Rapport Building, Characteristics and qualities of counsellor, Importance of Counselling

1. What is patriarchy gender roles in society Sex, Gender, Patriarchy, patriarchy in Institution, Patriarchy in Family places, Patriarchy and State. Relationship, Counselling and psychotherapy – Rational, Emotive, Behavioural Therapy.
2. Psychological Impact Gender Based Violence.
 - Within the family ; Domestic Violence, Incest, Sexual Abuse, Sexual Harassment in Work Places, Gender Based Violence through Media, Dowry, Rape.

9 hours

Unit-III

Counselling process

1. Rapport Building, Characteristics and qualities of a good counsellor, Importance of counselling, Counselling and Psychotherapy, Behavioural therapy Goals and Methods

Qualities of a Helping Relationship, use of standardized assessment techniques, informed consent, issues of confidentiality

2. Gender Aware Counselling

- Power Relationships in Counselling.
- Male Counsellor/Female Client.
- Female Counsellor/ Male Client.
- Male Counsellor/ Male Client.

9 hours

Unit-IV

Family Therapy and Couple Counselling

1. Family Therapy System Theory –Key Concepts
2. Sources of Conflict in Marriage, Common Marital Problems.
3. Family and Marital Counselling – Skills and techniques Assessment of Families, Couples, Interview, Family Interview, Approaches to Family Counselling, Family and Couple Group Counselling. Risks and advantages
4. Geriatric Counselling
 - Gerontology and geriatrics
 - Mid life and Late life issues- Menopause, retirement, adjustment to age related problems.
 - Counselling issues- bereavement, illness, loneliness, Grief, death and dying.

Reference Books

1. Richard -Nelson- *Jones-Basic Counselling Skills:A helpers Manual*, .
Harper Collins : London, 2005.
2. Randi Etther - *Gender Loving Care -A Guide to Counselling Gender Variant Clunts*, Penguin:New York, 2008.
3. Jocelyn Chaplin -*Feminist Counselling in Action*, Sage: London, 2007.
4. Colin Lago, Barbara Smith- *Anti Discriminatory Practise in Counselling and Psychotherapy*.
5. Unitu -*Culture and Gender Sensitive Guidance and Counselling* - Unitu.
it /archive/gelso/download/.../good-Practises- Booklet.
6. Jocelyn Chaplin - *Feminist Counselling in Action*, Sage: London, 1999.
7. Linda Martin Alcoff- *Visible Identities Race, Gender and the Self*, OUP:
London 2006.

H. M.
Taralalal
Gesholi

Anita Ravishankar
Dr. Anita Ravishankar

Chairperson -BOS (UG-PG)

Director
Centre For Women's Studies
Mangalore University
Mangala Gangotri - 574 199