

MANGALORE UNIVERSITY
DETAILS OF M.P.Ed COURSE PATTERN, SYLLABUS AND SCHEME OF EXAMINATION

SEMESTER – I

Part A :Theoretical Course						
Course	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Hard Core Courses						
MDH 401	Research Process in Physical Education and Sports Sciences	4	4	30	70	100
MDH 402	Principles and Methods of Sports Training	4	4	30	70	100
MDH 403	Tests, Measurement and Evaluation in Physical Education	4	4	30	70	100
Soft Core Courses (Any one)						
MDS 404	Yogic Sciences	3	3	30	70	100
MDS 405	Sports Technology					
Part–B Practical Hard Core Courses						
MDH406	Specialization -Track and Field I Running Events and Hurdles	4	2	30	70	100
MDH407	Laboratory Practical: Sports Training	4	2	30	70	100
MDH408	Laboratory Practical - Test, Measurement and Evaluation	4	2	30	70	100
Practical Course – Soft Core Course						
MDS409	Specialization - Wrestling/Football/Hockey (any one)	4	2	30	70	100
Total		31	23	240	560	800

SEMESTER - II

Part A :Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Hard Core Courses						
MDH451	Fitness, Wellness and Lifestyle Management (Open elective)	3	3	30	70	100
MDH452	Applied Statistics in Physical Education & Sports	4	4	30	70	100
MDH453	Physiology of Exercise.	4	4	30	70	100
Soft Core Courses (Any one)						
MDS454	Sports Journalism and Mass Media	3	3	30	70	100
MDS455	Sports Management			30	70	100
Part-B Practical Hard Core Course						
MDH456	Track and Field II: Jumping Events	4	2	30	70	100
MDH457	Laboratory Practical – Physiology of Exercise	4	2	30	70	100
MDH458	(A) Coaching Lessons of Track and Field events specialization.	4	2	30	70	100
	(B) Coaching lessons of Game Specialization.					
Practical Soft Core Course						
MDS459	Specialization: Kho-Kho/ Volleyball/Cricket (Any one game)	6	3	30	70	100
Total		32	23	240	560	800

Semester - III

Part A :Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Hard Core Courses						
MDH501	Contemporary trends in Physical Education and Sports (Open elective)	3	3	30	70	100
MDH502	Sports Psychology	4	4	30	70	100
Soft Core Courses (Any two)						
MDS503	Sports Sponsorship	3	3	30	70	100
MDS504	Adapted and Corrective Physical Education	3	3	30	70	100
MDS505	Sports Medicine	3	3	30	70	100
Part-B Practical Hard Core Courses						
MDH506	Track and Field III: Throwing Events	4	2	30	70	100
MDH507	Laboratory Practical: Sports Psychology	4	2	30	70	100
MDH508	Internship	4	2	30	70	100
Practical Soft Core Course						
MDS509	Games Specialization: Badminton / Kabaddi / Weightlifting (Any one)	6	3	30	70	100
Total		31	22	240	560	800

Semester - IV

Part A :Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Hard Core Courses						
MDH551	Dissertation/Project	4	4	30	70	100
MDS552	Biomechanics and Kinesiology	4	4	30	70	100
Soft Core Courses (Any Two)						
MDS553	Value and Environmental Education	3	3	30	70	100
MDS554	Sports Sociology	3	3	30	70	100
MDS555	Information and Communication Technology (ICT) in Physical Education	3	3	30	70	100
Part-B Practical Hard Core Courses						
MDH556	Track and Field IV: Combined Events, Cross Country, Race Walking, Track and Field marking and officiating	4	2	30	70	100
Practical Soft Core Course						
MDS557	Laboratory Practical: Computer Applications	4	2	30	70	100
MDS558	Laboratory Practical: Biomechanics and Kinesiology	4	2	30	70	100
Practical Soft Core Course						
MDS559	Games Specialization: Handball / Tennis / Basketball (Any one)	6	3	30	70	100
Total of IV semester		32	23	240	560	800
Total of all semesters		126	91	960	2240	3200

Courses to be registered by a student in a normal phase to successfully complete MPed Degree in four semesters.

I to IV Semesters	Hard Core Courses		Soft Core Courses		Total	
	Numbers	Credits	Numbers	Credits	Numbers	Credits
	20	58	12	33	32	91

Credits required for MPed Course

I to IV Semesters	Hard Core Courses		Soft Core Courses		Total	
	Numbers	Credits	Numbers	Credits	Numbers	Credits
	20	58	12	33	32	91