

**1.1.3 ACTIVITIES WITH DIRECT BEARING ON
EMPLOYABILITY/ SKILL DEVELOPMENT/
ENTREPRENEURSHIP**

DEPARTMENT OF HUMAN CONSCIOUSNESS AND YOGIC SCIENCES

2019

1. International workshop on Yoga Therapy

Department of Human Consciousness and Yogic science and Dharmanidhi Yoga Peetha of Mangalore University in association with Wonkwang Digital University (WDU) South Korea, have organised three days International Workshop on Yoga Therapy from 28th to 30th January 2019, at Mangalagangothri, Mangalore University. Altogether 150 delegates including 33 Delegates from Wonkwang Digital University (WDU) South Korea, and Indian delegates from Central University Kerala, K.M.C. Manipal, Mangalore University are participating in the workshop.

During the 3days' workshop, everyday there were 3 practical sessions for Ashtanga vinyasa Yoga, and 3 sessions of workshop on basics of yoga practise and yoga therapy for sleep disorders, concentration, obesity, menstrual disorders, back pain, cardiovascular diseases, etc.

MANGALORE UNIVERSITY

Accredited by NAAC with 'A' Grade

DEPT. OF HUMAN CONSCIOUSNESS & YOGIC SCIENCES, DHARMANIDHI YOGAPEETHA

IN ASSOCIATION WITH

WONKWANG DIGITAL UNIVERSITY (WDU), SOUTH KOREA

INTERNATIONAL WORKSHOP ON YOGA THERAPY

(FROM 28th TO 30th JANUARY 2019)

INAUGURAL FUNCTION

CHIEF GUEST

PROF. JONG SOON SUE

PROVOST, WONKWANG DIGITAL UNIVERSITY (WDU), SOUTH KOREA.

PROF. ISHWARA P

HON'BLE VICE-CHANCELLOR, MANGALORE UNIVERSITY
WILL PRESIDE.

DATE: 28.01.2019, TIME: 10.30 AM.

**VENUE: DR. D. VEERENDRA HEGGADE SEMINAR HALL, LECTURE COMPLEX,
MANGALAGANGOTRI.**

All are cordially invited.

PROF. K. KRISHNA SHARMA
ORGANIZING SECRETARY

PROF. A. M. KHAN
REGISTRAR

MANGALORE UNIVERSITY

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**DEPT. OF HUMAN CONSCIOUSNESS
& YOGIC SCIENCES,
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SOUTH KOREA**

**INTERNATIONAL WORKSHOP ON
YOGA THERAPY**

(FROM 28th TO 30th JANUARY 2019)

VALEDICTORY FUNCTION

CHIEF GUEST

PROF. JONG SOON SUE

PROVOST, WONKWANG DIGITAL UNIVERSITY (WDU), SOUTH KOREA.

PROF. A. M. KHAN

REGISTRAR, MANGALORE UNIVERSITY

WILL PRESIDE.

DATE: 30.01.2019, TIME: 03.00 PM.

**VENUE: DR. D. VEERENDRA HEGGADE SEMINAR HALL, LECTURE COMPLEX,
MANGALAGANGOTRI.**

All are cordially invited.

**PROF. K. KRISHNA SHARMA
ORGANIZING SECRETARY**

**PROF. A. M. KHAN
REGISTRAR**