

MANGALORE UNIVERSITY
Department of Social Work

Master of Social Work (MSW)

III SEMESTER-(SPECIALISATION-II)-(MPSW)

Paper SWS 506: PERSPECTIVE OF PSYCHIATRIC SOCIAL WORK

Objectives:

- To gain knowledge about the concept of Mental Health as an important attribute of life.
- To develop an understanding of minor & major psychiatric disorders, their causes, symptoms, diagnosis, manifestations and management.
- To develop skills to function as psychiatric social workers in child & adult psychiatric set ups.
- Understand the relevance, nature and types of social work interventions in mental health.
- Develop appropriate skills and attitudes required for the practice of mental health social work.

Course Content:

UNIT-I

Concepts of Mental Health and Illness: Relationship between social sciences and psychiatry; Understanding normal and abnormal behavior; Definitions and perspectives of mental health; Mental health as a positive concept, components of mental health; Sociological approaches to mental Illness; Classification of mental and behavioural disorders; Etiology of mental and behavioural disorders: socio cultural factors specific to India; Relationship between psychology and psychiatry

UNIT-II

Psychiatric Disorders : Causes, Symptoms, Investigations, Treatment and Management
: A) Major (Psychotic) psychiatric disorders :Schizophrenia and its types; Other psychotic disorders: Mood Disorders; B) Minor (Neurotic) Psychiatric disorders : i) Anxiety disorder; ii) Panic disorder; iii) Phobias; iv) Obsessive compulsive disorder; v) Post traumatic stress disorder; vi) Generalized Anxiety disorder; C) Somatoform Disorders: i) Somatization disorder; ii) Conversion disorder; iii) Hypochondriasis; iv) Panic disorder; D) Dissociative disorder; E) Normal Sexuality; Types of sexual behaviours; Sexual Dysfunction; Gender Identity disorders

UNIT-III

Personality Disorders: Causes, Symptoms, Investigations, Treatment Management: a) Personality of disorders; b) Sleep disorders; c) Psychosomatic disorders; d) Suicide; e) Substance related disorders; f) Eating disorders. **Psychosocial Interventions:** Family Interventions: Psycho-educational and supportive interventions; Social skills training: Activities of daily living and vocational skills training; Therapeutic community; Psychiatric rehabilitation

UNIT-IV

Medical Conditions Requiring Intervention: 1) Cancers: Types, presentation, treatment (including side effects) Cancers of reproductive organs, breast cancer, cancers of the mouth, abdomen, Bone cancer etc.; 2). Conditions of the geneto urinary tract: Prostate related benign and malignant conditions, urinary incontinence, renal failure; 3) Conditions of the Gastro Intestinal tract - Acidity, Ulcers, irritable bowel syndrome Piles, fissures; 4) Other Medical conditions: Burns, Poisoning including snake bite Psoriasis, Pellagra Jaundice (conceptual + alcohol + neonatal). **Childhood Psychiatric Disorders:** Causes, Symptoms, investigations, treatment and Management

UNIT-V

Treatment Methods in Psychiatry : a) Pharmacological treatment; b) ECT; c) Psychotherapy short term, long term; d) Behaviour modification; e) Bio-feed back; 8. Use of classification and its importance. Psycho therapeutic and psycho analytic approaches : a. Rational Emotive therapy; b. Client centered therapy; c. Behaviour therapy; d. Transactional analysis; e. Family therapy f. Play therapy and child guidance.

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- Gelder, Michael Gath, et al (1996) :Oxford Textbook of Psychiatry, Delhi, Oxford University Press.
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- Priest, Robert & Woolfson, Gerald (1986) :Handbook of Psychiatry. Delhi: CBS.
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- Verma, Ratna (1991) Psychiatric Social Work in India, New Delhi : Sage Publications