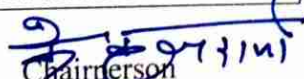


MANGALORE UNIVERSITY



DEPARTMENT OF HUMAN CONSCIOUSNESS & YOGIC SCIENCES

Sl. No.	Name of the student	Register number	Title of the project	Name of the Guide
1.	Ms. Arundathi Udayakumar	193151331	Impact of Yoga Intervention on Sleeplessness and Sleep Quality in Police Officials	Dr. K. Krishna Sharma
2.	Ms. Ashika K.D	193151332	Effect of Yoga on Improving General Health of College Students	Dr. K. Krishna Sharma
3.	Mr. Gopalkrishna Somappa Nayaka	193151333	A Study on the Effect of Yoga Therapy on Concentration	Dr. K. Krishna Sharma
4.	Ms. Harshita B.S.	193151334	Impact of Yoga on Musculoskeletal Discomfort and Overall General Health in Police Officials	Dr. K. Krishna Sharma
5.	Mr. Karna .KP	193151335	Effect of Yoga on Overweight Lectures in Degree College	Dr. K. Krishna Sharma
6.	Mr. Kishore Suvarna B.	193151336	Effect of Yoga Therapy on the General Health of the Employees of New Mangalore Port Trust(NMPT)	Dr. K. Krishna Sharma
7.	Ms. Kshama Hegde	193151337	A Study on the Effect of Yoga Therapy on General Health	Dr. K. Krishna Sharma
8.	Mr. Manjunath Annigeri	193151338	The Effect of Yoga on Cricket Players in the Age Group Years 16 to 19 Years at Zuese Cricket Academy	Dr. K. Krishna Sharma
9.	Ms. DINGZHI WANG	193151339	Effect of Yoga Therapy on Memory Improvement	Dr. K. Krishna Sharma
10.	Mr. Praveen Nandeshwaragouda Patil	193151340	The Effect of Yoga Therapy on Enhancement of Quality of Life Among the People with Menstrual Disorder	Dr. K. Krishna Sharma
11.	Mr. Sandeep Rajak	193151341	A Study on the Effect of Yoga on General Health And Wellbeing of Higher Secondary Students During Covid 19 Pandemic	Dr. K. Krishna Sharma
12.	Ms. Sandhya L	193151342	A Study on the effect of Yoga Therapy on Underweight	Dr. K. Krishna Sharma
13.	Ms. Sanya U	193151343	A Study on the Effect of Yoga on Stress and Burnout in Police Constables	Dr. K. Krishna Sharma
14.	Ms. Shrilaxmi Hegde	193151344	Study on the Effect of Yoga Therapy on Wellbeing of KSRP Family	Dr. K. Krishna Sharma
15.	Ms. Suma A.K.	193151345	Effect of Yoga on General Health Improvement in Hostel Girls	Dr. K. Krishna Sharma
16.	Mr. Sunil D.P.	193151346	Effect of Yoga Therapy on the General Well-being of the Employees of New Mangalore Port Trust (NMPT)	Dr. K. Krishna Sharma
17.	Ms. Suraksha B	193151347	Efficacy of Yogic Practices on People Working in Digital Marketing Agencies	Dr. K. Krishna Sharma
18.	Ms. Swathi B.	193151348	Efficacy of Yoga on Enhancement of General Health of College Students	Dr. K. Krishna Sharma
19.	Mr. Umesha P	193151349	Effect of Yoga on Concentration	Dr. K. Krishna Sharma


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