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PYE 458

II Semester M.Sc. Examination, September/October 2022

PSYCHOLOGY

Dynamics of Human Behaviour

Time : 3 Hours

Max. Marks : 70

I. Answer **any five** of the following (**Concepts**) : **(5×2=10)**

- 1) Define attitude.
- 2) Introspection.
- 3) Motives.
- 4) What are the types of motivation ?
- 5) Self-control Techniques.
- 6) Resilience.

II. Answer **any three** of the following (**Short Notes**) : **(3×5=15)**

- 7) Explain the formation and change of attitudes.
- 8) Characteristics of emotional intelligence.
- 9) Write a note on meditation.
- 10) What are stressor ?

III. Answer **any three** of the following (**Essay Questions**) : **(3×15=45)**

- 11) Write an essay on history of Psychology.
 - 12) Critically evaluate the Maslow's theory of Motivation.
 - 13) Define self-management and elaborate the self-management techniques.
 - 14) Explain the steps in build the resilience.
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