

Mangalore University
Youth Red Cross Syllabus for Skill Enhancement Courses (SEC)
(BA/BSc/B.Com/BBA/BCA & all other UG programmes)

YOUTH RED CROSS- I Semester	
No of Credits	No of Practical hours/Semester
01	25

Course Objectives	Teaching Learning Process	Learning Outcomes	Course Evaluation
1. To foster the better understanding of various aspects of youths in India. 2. To comprehend the overall concept of Youth Red Cross, to be an effective part of it. 3. To understand the importance of community service, nurturing various service based skills among youth.	1. Lecture/PPT 2. Assignment/Projects 3. Online and Offline 4. Self and Referral Studies 5. Focused Group Discussion 6. Training 7. Internship 8. Residential/ Non Residential Camps 9. Case Studies 10. Survey	1. Develops a sense of responsibility in youth for the decisions and actions they take. 2. Better understanding of notion of YRC leads to greater involvement. 3. Youth are well equipped with the skills necessary for the community service as well as for the better tomorrow.	Formative Assessment for 25 marks. • Camp/Internship-internal Viva-Voce and Report Submission

Syllabus, Chapter and Input-wise Objectives:

1. To make student Volunteers to understand the segment of population which they belong to vis-a- vis the predicaments of the non-student youth of the country.
2. To make them understand their role as volunteers of Youth Red Cross
3. To impart them knowledge, skills and competencies needed for community work.

Outcomes:

1. Student Volunteers get sensitized on the needs and aspirations of the youth living in different conditions.
2. They perceive their role and role expectations of the organization they have joined to serve.
3. The Student Volunteers gain confidence and learn from their inter-face with the community.

Chapters	Subjects	Teaching Hours	Internal Marks
1	The Youths In India: Introduction – Concept of Youth-Meaning – Definition – Present Situation – Demographic Influence on Youth – Youth Organizations (Political / Social/ Cultural Organization) – Youth Policies and Promotion Schemes of State, National & International.	10	10
2	Objectives of Red Cross Society- Origin- Growth-Emblem-Fundamental Principles- Geneva Conferences- Activities- Administrative Structure –Programs & Guidelines for Youth Red Cross in College Level. YRC Song & YRC Claps	5	5
3	Community Service: Understanding Community through Knowledge & Skills: Meaning-Definition- Characteristics-Building up Community Network- Communication Skills-Competency Skills-Managerial Skills – Organizational Skills.	10	10
		25	25

References:

- Damon, P. Copola, (2006) Introduction to International Disaster Management, Butterworth
- Disaster Management Guidelines, GOI-UND Disaster Risk Program (2009-2012)
- Goel,Sathish.First Aid.New Delhi:Diamond Pocket Books.
- Henderson, Paul, and David N. Thomas, ed. Readings in Community Work. London: George Allen and Unwim Ltd., 1981.
- Herper, E.B., and A. Dunham. Community Organisation in Action. New York:Association Press, 1959.
- Sanders, Irvin. Making Good Communities Better. Bombay: Allied Pacific Private Limited, 1953.
- ಕ್ರಿ.ಭಟ್,ಬಿ.ಆರ್. ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ, ಅಪಘಾತ ಮತ್ತು ಘಾತ ರೋಗದ ತುರ್ತು ಸ್ಥಿತಿಯಲ್ಲಿ ಈಶ್ವರಕ್ಷಣೆ. ಮಂಗಳೂರು: ಆಕೃತಿ ಆಶಯ ಪಬ್ಲಿಷಿಂಗ್ಸ್, 2016

E- References:

- <https://www.indianredcross.org/ircs/index.php>
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Mangalore University
Youth Red Cross Draft Syllabus for Skill Enhancement Courses (SEC)
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YOUTH RED CROSS- II Semester	
No of Credits	No of Practical hours/Semester
01	25

Course Objectives	Teaching Learning Process	Learning Outcomes	Course Evaluation
1. To promote values and volunteerism among students through systematic understanding of various aspects of values and essentials of volunteerism. 2. To nurture leadership qualities and to build habits influencing personality development. 3. To preserve life, prevent risk of death and promote speedy recovery.	1. Lecture/PPT 2. Assignment/Projects 3. Online and Offline 4. Self and Referral Studies 5. Focused Group discussion 6. Training 7. Internship 8. Residential/ Non Residential Camps 9. Case Study 10. Survey	1. Youth develop a will to volunteer for the welfare of the community. 2. Each student is equipped with the quality of leadership while owning a well-built personality. 3. Youth are well prepared to assess and act accordingly during emergency situations/accidents.	Formative Assessment for 25 marks. • Camp/Internship- internal Viva-Voce and Report Submission

Syllabus, Chapter and Input-wise Objectives:

Objectives:

1. To make them understand the importance of value system in every area of social life for peaceful co-existence
2. To make them understand a set of skills that are necessary to function as leaders and also as useful members of the society
3. To equip them with knowledge and practice in meeting the emergency medical care and attendance

Outcomes:

1. Student Volunteers get clarity and develop respect and understanding of the values held by others in the community. Values guide their behavior and action.
2. This empowers them to lead themselves and also others.

3. This will build confidence in them in volunteering their services in medical emergencies.

4. They are encouraged to donate blood and persuade others to do so

Chapters	Subjects	Teaching Hours	Internal Marks
1	Values and Essentials of Volunteerism: Meaning & Definitions of Values/ Kinds of Values- Personal values/ Social values/National values/ Universal values/Professional values/ Spiritual values/ Ethical values (Mass Media). Volunteerism: Meaning/ Definitions/ Types of Volunteerism- Urban/Rural/Environmental/ Skill based/Welfare/ Community Volunteerism. – Proficiency in Volunteerism	10	10
2	Leadership and Personality Development: Meaning/ Definitions/Significance /Qualities of Effective leadership- Proficiency Skills on Simple Computing & Calculations/ Problem Solving/ Communication/ Lifesaving skills/ HR Skills.	10	10
3	Basics First Aid: Physical First Aid & Psychological First Aid- Emergency Care- Pediatric Care- Geriatric Care-Mass causality (Triage)- First Aid Box	05	05
		25	25

References:

- Amit, H.R. Participatory Approaches to Development. Mangalore: Institute for Social Development, 2000.
- Biddle, W.W., and Biddle L.J. The Community Development Process. New York: Holt, Rinehart and Winston, 1965.
- Dahama, O. P., and O. P. Bhatnagar. Education and Communication for Development. New Delhi: Oxford & IBH Publishing Co., 1985.
- Gupta A.K., Niar S.S and Chatterjee S. (2013) Disaster management and Risk Reduction,
- Samuel. Problem Solving in Families: Research and Practice. New Delhi: Sage Publications, 1999. Schwartz, Mary Ann, and Barbara Marliene Scott. Marriages and Families. 3rd ed. New Jersey: Prentice Hall, 2000.
- Murthy D.B.N. (2012) Disaster Management, Deep and Deep Publication PVT. Ltd. New Delhi.

- Role of Environmental Knowledge, Narosa Publishing House, Delhi.
- Yudenich, V.V. Accident First Aid. Moscow: MIR Publishers, 1982.
- ಕ್ಲಿಫ್‌ಲ್ಫ್ ಸಾಗೇಶ್ವರ, ಶಿವತುಡೆ. ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ. ಬೆಂಗಳೂರು: ಹೇಮಂತ ಸಾಹಿತ್ಯ, 2008
- **E- References:**
- <https://www.indianredcross.org/ircs/index.php>

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Along with the above syllabus all other YRC activities mentioned in the programme guidelines issued by the Government of Karnataka Department of Higher Education in their letter No: ED 38 Vividha 2016, dated: 17/06/2016, Bengaluru. Shall be scrupulously followed.